Clutter Free

in 30 Days

Here is the challenge to be Clutter Free in 30 Days. Get your calendar set.

Break up your house into 30 areas (small bites).

Spend 30 minutes a day sorting into 3 bins: Keep, Give or Sell, Toss.

At the end of the week, deal with the things to give or trash.

Identify 30 Different Areas:

Example: Kitchen Pantry, Laundry Room, Guest Bedroom Closet, under Kitchen sink

|  |  |  |  |
| --- | --- | --- | --- |
| 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 |
| 29 | 30 |  |  |

Monthly Calendar

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Week One | Area 1 | Area 2 | Area 3 | Area 4 | Area 5 | Area 6 | Area 7 |
| Week Two | Area 8 | Area 9 | Area 10 | Area 11 | Area 12 | Area 13 | Area 14 |
| Week Three | Area 15 | Area 16 | Area 17 | Area 18 | Area 19 | Area 20 | Area 21 |
| Week Four | Area 22 | Area 23 | Area 24 | Area 25 | Area 26 | Area 27 | Area 28 |
| Week Five | Area 29 | Area 30 |  |  |  |  |  |

Daily to do:

Spend 30 minutes in selected area.

Sort clutter into 3 bins: Keep, Give, Toss.

Weekly to do:

If donating items to local charity, take items weekly to drop off area.

If planning garage sale, Keep items to sell in area to mark prices later.

If tossing, take items to dumpster.

If keeping, take items to rooms where they should be kept.